



Bristol Ageing Better

Partnership Meeting

Wednesday 3rd February 2016, 14:00-16:00

Wills Memorial Building

Present

Anketell, Anne – Bristol Charities
Arnaiz, Carmen – The Care Forum
Athanatou, Vickie – NHS
Baker, Mark – Age UK Bristol
Bamford, Ruth – BIG Lottery Fund
Billington, Ursula – Superact
Bowen-Huggett, Gail – ACFA
Bowers, Karen – BOPF
Brazendale, Sue – Voscur
Bryant, Sharon – Sense
Carpenter, Alan – BAB
Carpenter, Sylvia – RSVP
Caverley, Trish – Dementia Wellbeing Service
Cooke, Sue – Knowle West Health Park
Freeman, Wendy – Hanover Housing
Gore, Olivia – BIG Lottery Fund
Gray, Corinna – Ageing Better in Camden
Gwynn, Sara – The Elder Tree
Humphreys, Andrew – Hanover Housing
Huntbatch, Jane – Brunel Care
Jackson, Jane – Bristol Grandparents Support Group
Jackson, Marc – Bristol Grandparents Support Group

Jones, Nigel – North Bristol NHS Trust (speaking)
Jimenez Cruz, Silvia – BAB
Lewin, Dan – LinkAge
Lloyd, Karen – Linkage
Lloyd, Liz – University of Bristol
Meissner, Stephany – Knightstone Housing
McFarlane, Alistair – Everyone Active
Miller, Rowan – SARSAS
Norman, Julia – Alexander Technique
North, Paulette – Ujima
Patel, Viran – The Wellbeing Partnership
Peltonen-Messenger, Kevin – DHI
Perrin, Amy – Marmalade Trust
Phipps, Celia – Bristol City Council
Rees, Adam – BAB
Richardson, Ruth – BAB
Rogers, Matt – Bristol CAB
Rossetti, Bianca – BAB
Russell, Kay – Bristol City Council
Sharp, Anne – Bristol CAB (speaking)
Smith, Jenny – Bristol City Council
Smith, Randall – University of Bristol
Temple, Tim – BIG Lottery Fund
Younis, Dena – Bristol CCG

Apologies

Chong, Kevin – Bristol & Avon Chinese Women's Group
Hui, Rosa – Bristol & Avon Chinese Women's Group

Lawlor, Mike – Bristol City Council
Lyus, Dan – WE Care & Repair
Squire, Karen – Action on Hearing Loss

1) Welcome

Judith Brown introduced herself and welcomed everybody to the meeting.

2) Update on Bristol Ageing Better

Adam Rees spoke briefly about projects recently commissioned and preparatory work that is currently being done. The Community Development for Older People project, which will cover the whole city, has now been started in Greater Bedminster by St. Monica Trust in partnership with LinkAge. Plans for the tendering process for the remaining areas of the city are currently being developed, and partners will be notified as soon as new tenders are open.

7 Group Work/Peer Support projects have been commissioned, with 1 already underway. Work is continuing with Bristol City Council to establish baseline measures for the Age-Friendly City project, and Adam is ensuring that any consultancy work that is done links in with the Learning City and Child-Friendly City initiatives.

Community Kick-Start Fund

Bianca Rossetti, who recently took on the new role of Partnership Support Officer in the Programme Management Team having previously worked as Programme Administrator, spoke about the Community Kick-Start Fund which opened for bids in January. The Kick-Start Fund provides small grants of up to £2,000 to organisations, groups or individuals with an idea for a new activity that is likely to reduce isolation and loneliness for older people. The successful initiatives will be selected by older people on the Bristol Ageing Better Steering group which meets quarterly to review applications to the fund. The application form is just 2 sides of A4, designed to maximise the number of applications from small community groups. The key aspects the panel will be looking for in successful bids are evidence that the idea is supported by or likely to be of interest to older people and suggestions as to how it is likely to continue beyond the Kick-Start funding.

One attendee asked whether organisations can receive Kick-Start funding for an activity that has previously been funded and needs further funding to continue. This would be unlikely to be a candidate for Kick-Start funding as the Kick-Start Fund is aimed at increasing rather

than maintaining the activities available to older people in Bristol, although the panel will consider proposals to increase the amount of people able to access existing activities such as improvements to accessibility or capacity.

Bids to the Community Kick-Start Fund can be submitted at any time over the next 4 years of the programme. The BAB Steering Group will meet quarterly to review applications to the fund, so bidders will always be contacted within 3 months to be told either that their bid has been successful, further information is required, the bid will be reconsidered at the next review meeting, or the bid has been unsuccessful. The deadline for consideration at the March review meeting is midday on Thursday 25th February 2016. Applications received after this date will be reviewed with the second round of applications in May 2016

3) Partner Showcase

Voscur

Sue Brazendale from Voscur spoke about the work she has been doing over the last year alongside NHS England, Age UK and Public Health to create a falls awareness training pack and notes. This work was prompted by the recognition that Bristol doesn't have a clear falls pathway; in many ways it is seen as an 'embedded topic' which causes people to be uncertain about how to deal with falls. As it is estimated that about 16,000 people in Bristol are currently vulnerable to falls, which expected to increase, extra support and resources were greatly needed.

This pack is now available free to anybody (see here: http://www.voiceandinfluence.org.uk/hsc_resources#Falls). The training pack is designed for a 2 ½ hour training session to improve understanding of the factors involved in falls, encourage and support staff and volunteers to signpost people to services to help prevent falls, and encourage meaningful conversations and remove myths about falls.

Nigel Jones, NHS

Consultant Geriatrician Nigel Jones spoke about the work he has been doing to improve the elderly frailer patients pathway in Bristol's health services. Nigel works at the interface between primary and secondary care and runs a one-stop admissions avoidance clinic at Cossham Hospital.

Nigel spoke about the need to balance avoiding admissions and delays and ensuring older people understand when a hospital visit is appropriate. Nigel also gave an overview of the referral forms used for patients diagnosed as frail.

Bristol Citizens Advice Bureau

Anne Sharp of Bristol CAB spoke about the Digital Money Coach project. The Digital Money Coaches are based at CAB and provide assistance via individual appointments. Services include training on modern devices, advice on how to switch energy providers, mobile phone networks etc. to save money, and how to use digital technology to assist with budgeting. The Digital Money Coaches work with many people over 50 to help them overcome the barriers to digital inclusion – not all appointments are focused on money.

4) BIG Lottery Fund – An Introduction to BIG Funding Opportunities

Olivia Gore and Tim Temple, Local Funding Officers for BIG, gave a presentation on current BIG-funded projects in Bristol and current funding opportunities. Colleague Ruth Bamford also introduced herself at the BAB Programme Management Team's Relationship Manager.

Around 95% of BIG funding goes to VCS organisations. The vast majority of grants are given through the Awards for All programme, which offers funding from £300—£10,000 to cover up to 12 months of a project. Repeat projects are eligible as well as new activities – micro organisations may be favoured for repeat bids, and so larger organisations will also need to show how their work will improve or expand in year 2. Awards for All funding can be used to pay for the following:

- equipment hire or purchase
- information technology equipment
- building and refurbishment work
- professional fees
- training
- updating equipment and premises for health and safety reasons
- volunteer expenses
- transport costs
- venue hire
- feasibility studies

Awards for All cannot pay for retrospective costs (for activities that start before funding is given); day to do running costs such as salaries and building maintenance; existing activities if an organisation's turnover is over £30k; fundraising activities; used vehicles; or activities which promote politics or religion (this does not exclude all activities by faith-based organisations or activities held on religious premises).

Last year Awards for All received 111 applications from organisations in Bristol, with 70% of applications being successful. Successful bidders included BAB partners North Bristol Advice Centre, Dhek Bhal and Bristol Older People's Forum.

Larger grants are available through the Reaching Communities and Reaching Communities Buildings programmes, which provide grants starting at £10,000 with no upper limit. Projects can run from 1—5 years. Last year 41 applications were received, of which 12% were successful (the national success rate is 28%). Tim stated that the standard of applications received in Bristol is good, likely due to good infrastructure support from organisations such as Voscur.

Many of the activities take place in community buildings or involve small capital projects. Reaching Communities Buildings can fund refurbishment and alterations to community buildings and Reaching Communities can fund capability-building support for community organisations. The same exclusions as with Awards for All apply, although Reaching Communities Buildings can provide revenue funding to get a building up and running, but not planning permission. BIG are looking for applications which focus on beneficiary need rather than required improvements to buildings.

The BIG funding team are keen to avoid people filling in application forms if their project is unlikely to be eligible, and so encourage bidders to contact the BIG advice line before completing the stage 1 twenty-page form. Applications for existing work will require an evaluation report which shows the impact of the project thus far.

BAB partners are welcome to contact Tim and Olivia with any enquiries about funding available in Bristol outside of BAB.

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general.enquiries@biglotteryfund.org.uk

Date of next meeting: Tuesday 10th May 2016 10:00 a.m. – 1:00 p.m.

Venue: Action for Blind People, 10 Still House Lane, Bedminster, Bristol BS3 4EB